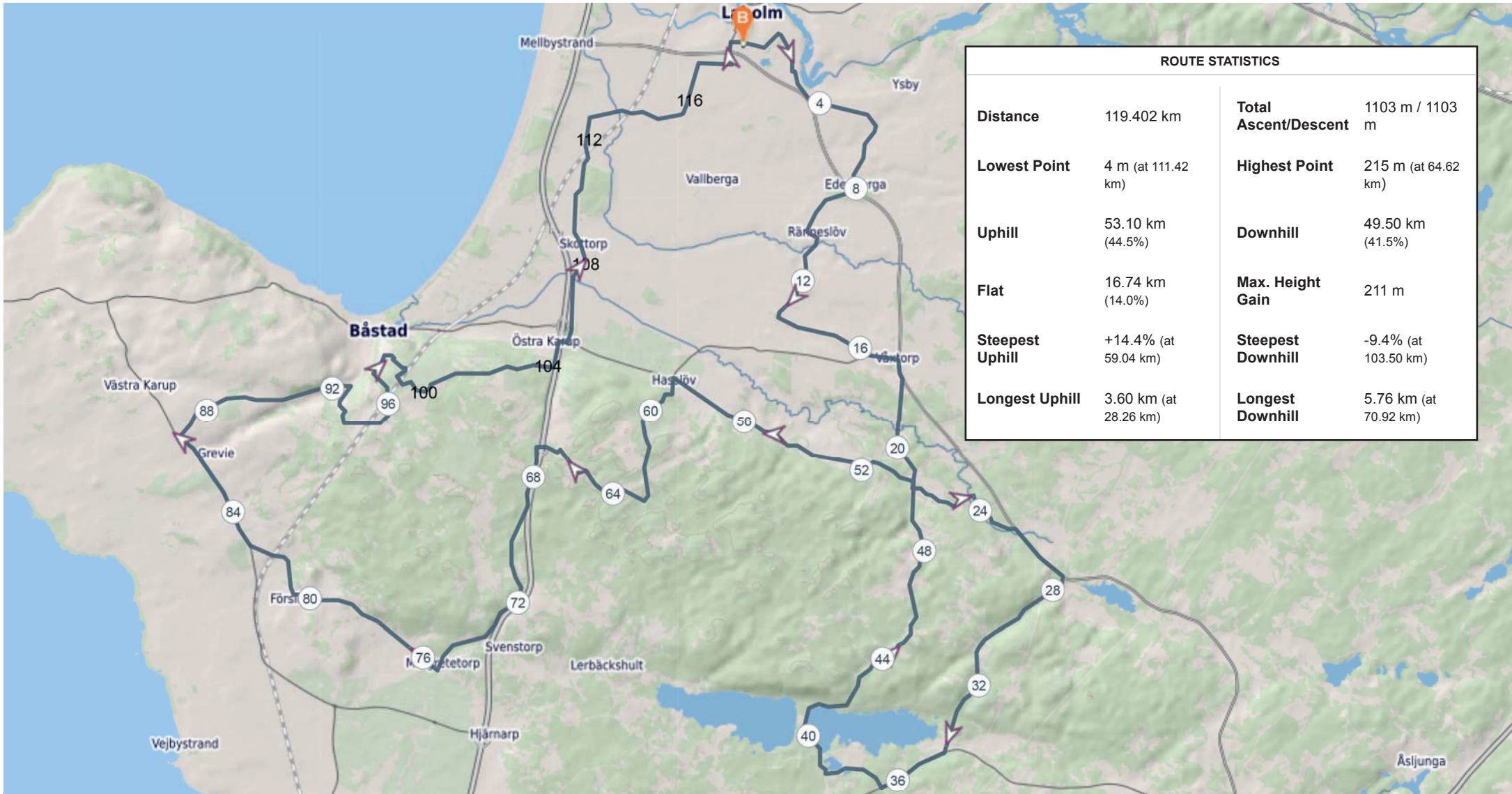


# Vårloppet 119 Km



ROUTE STATISTICS			
<b>Distance</b>	119.402 km	<b>Total Ascent/Descent</b>	1103 m / 1103 m
<b>Lowest Point</b>	4 m (at 111.42 km)	<b>Highest Point</b>	215 m (at 64.62 km)
<b>Uphill</b>	53.10 km (44.5%)	<b>Downhill</b>	49.50 km (41.5%)
<b>Flat</b>	16.74 km (14.0%)	<b>Max. Height Gain</b>	211 m
<b>Steepest Uphill</b>	+14.4% (at 59.04 km)	<b>Steepest Downhill</b>	-9.4% (at 103.50 km)
<b>Longest Uphill</b>	3.60 km (at 28.26 km)	<b>Longest Downhill</b>	5.76 km (at 70.92 km)

