



Skåningen

Distance	142.756 km	Total Ascent/Descent	853 m / 853 m
Lowest Point	6 m (at 138.60 km)	Highest Point	190 m (at 104.40 km)
Uphill	60.12 km (42.1%)	Downhill	57.06 km (40.0%)
Flat	25.56 km (17.9%)	Height Gain	184 m
Steepest Uphill	+7.8% (at 101.88 km)	Steepest Downhill	-7.8% (at 108.36 km)
Longest Uphill	5.76 km (at 4.32 km)	Longest Downhill	3.24 km (at 131.94 km)

